

The Character of Success

Joe Polish Interviews Speaker and Coach Paul Hoffman

GENIUS NETWORKTM **HOT TIPS SHEET**

The Character Of Success

COURAGE: Have courage to stand up and to take the risk in life, to not worry about what it looks like to people or what people are going to think about you.

HONESTY: Be honest with yourself: where are you on your learning line of life?

ATTITUDE: Where's your attitude? Your attitude is going to be everything. Remember, inner reality creates outer circumstance.

RESPONSIBILITY: You create your life. Nobody else does. You can't blame people for what happens to you.

APPRECIATION: Gratitude and appreciation will get you out of any funk. Jealousy and envy just create discord and disharmony.

COMMUNICATION: You've got to be a good listener. When you wake up in the morning, what kind of conversation do you have with yourself?

TRANSPARENCY: If you're not transparent, if people feel that you're not being truthful, or that you're hiding something, or you're not being authentic, they're not going to want to be around you.

ENTHUSIASM: If you're not enthusiastic about what you do, I would highly recommend that you don't do it.

REBOOT: Release what doesn't work for you anymore. You don't need to be attached to anything.

- You're a result of your environment. Who are the 5 people that you hang out with? Because you're going to be like them. So, you might as well hang out with people that really get you to take the next level in life.
- How do you find your passion? Take some time to sit and be reflective. Take time to go within. Look at your life. Look at the things that have brought you the most joy in your life.
- *Day Sculpting.* Review the highlights of your day. Some of the highlights will be really good, so you can build on those for the next day.
- Breakthroughs happen when you have the courage to make them happen. So, communicate to yourself in ways that will inspire and empower you.
- Until you create your life the way you want it to look like, it's going to be somebody else's life.

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BIG IDEAS/INSIGHTS I gained from this interview:

IDEA	How can I leverage this idea to my benefit?

ACTIONS I want to take based on these ideas:

ACTION/GOAL	Steps I can take right away to move on this?
Deadline:	
Deadline:	
Deadline:	

Recommended Resources:

- Website: <u>www.SuccessSongs.com</u>
- Email: Paul@SuccessSongs.com

Other Recommendeded GN Interviews with Joe Polish:

- <u>Tony Horton</u> (Fitness Expert) "Variety, Intensity, Consistency"
- David Wolfe (Nutritionist) "Activate Your Genius!"
- Dan Sullivan (of Strategic Coach) "Three Pillars"

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